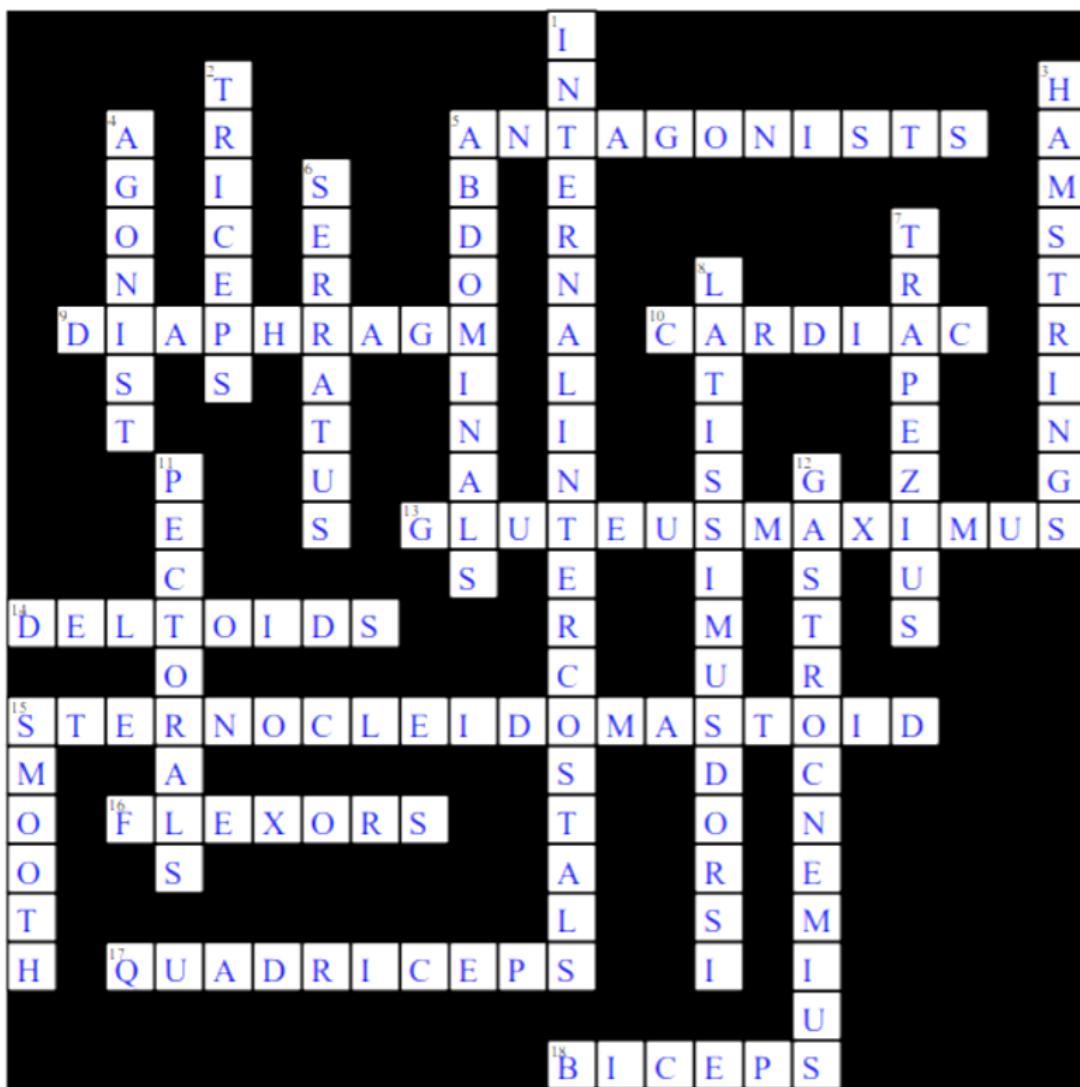


There are 640+ muscles in the human body. From agonists to antagonists and insertion to origins. What do you know about those muscles?



Across

5. This muscle type works reciprocally to the agonist muscles. (11)
9. A thin skeletal muscle that sits at the base of the chest and separates the abdomen from the thorax area. (9)
10. This type of muscle is only found in the heart. (7)
13. The strongest muscles in the human body. (7, 7)
14. This is the collective term for the three muscles that 'cap' each shoulder. (8)
15. This muscle is a superficially located neck muscle that plays an important role in tilting the head and turning the neck. (19)
16. The collective term for the muscles of the forearm that allow the hand to grip. (7)
17. Consists of the rectus femoris and the vastus lateralis, medialis and intermedius (10)
18. The two headed muscle found on the anterior section of the upper arm. (6)

Down

1. Muscles found between the ribs that are responsible for forced exhalation. (13,7)
2. The horse shoe shaped muscle found on the back of the upper arm. (7)
3. Consist of the biceps femoris, the semitendinosus and semimembranosus muscles (9)
4. Also termed the prime mover these muscles elicit movement at joints. (7)
5. This muscle is also termed the 'rectus femoris'. (10)
6. Muscles located on the front of the thorax. So termed because of their 'blade' like appearance. (8)
7. Found on the upper back and named due to its shape (9)
8. Sometimes known as the 'lats' or 'wings'. (10,5)
11. These muscles located on the chest draw the arm across the body (9)
12. Along with the soleus muscle, this muscle forms part of the calf of the lower leg. (13)
15. Involuntary muscles that can be found in the digestive system. (6)